

ASSOCIAÇÃO DE NATACÃO DE COIMBRA
RECORDES REGIONAIS MASCULINOS - TP

	Infantis B (13 anos)			Infantis A (14 anos)			Juvenis B (15 anos)			Juvenis A (16 anos)			Juniores B (17 anos)			Juniores A (18 anos)			Seniores (19+ anos)			Absolutos		
50 Livres	CDL	0:26,65	10	CUC	0:26,00	18	CUC	0:24,16	19	CUC	0:23,83	20	CUC	0:23,04	21	AAC	0:23,08	11	AAC	0:22,47	17	AAC	0:22,47	17
		Gabriel J Lopes			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Gustavo A Madureira			Gustavo A Madureira			Gustavo A Madureira	
100 Livres	CNAC	0:58,55	17	CUC	0:54,35	18	CUC	0:52,29	19	CUC	0:51,25	20	CUC	0:49,34	21	GCF	0:51,21	09	ALN	0:48,91	22	ALN	0:48,91	22
		Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Mário A Pereira			Gabriel José Lopes			Gabriel José Lopes	
200 Livres	FBSC	2:08,92	17	CUC	2:00,20	18	CUC	1:53,76	19	CUC	1:49,83	19	CUC	1:47,65	21	CNAC	1:52,42	08	ALN	1:45,11	22	ALN	1:45,11	22
		José D Dias			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Miguel S Oliveira			Gabriel José Lopes			Gabriel José Lopes	
400 Livres	CNAC	4:35,42	17	SCC	4:20,38	19	CUC	4:02,41	19	CUC	3:58,82	19	IND	3:58,76	21	CNAC	3:56,55	02	CNAC	3:45,56	19	CNAC	3:45,56	19
		Diogo M Ribeiro			Guilherme M Cardoso			Diogo M Ribeiro			Diogo M Ribeiro			Gustavo P Marques			Luis Silva			Tomás M Veloso			Tomás M Veloso	
800 Livres	CNAC	9:37,73	14	SCC	9:01,50	19	CUC	8:36,01	19	SCC	8:29,11	13	SCC	8:16,45	17	SCC	8:05,36	14	CNAC	8:01,52	21	CNAC	8:01,52	21
		João C Diz			Guilherme M Cardoso			Diogo M Ribeiro			Diogo M Marques			Diogo C José			Alexandre V Coutinho			Tomás M Veloso			Tomás M Veloso	
1500 Livres	CNAC	18:13,19	14	SCC	17:10,06	19	CNM	16:32,94	97	SCC	16:12,81	13	SCC	15:49,38	14	SCC	15:33,14	14	ALN	15:15,75	25	ALN	15:15,75	25
		João C Diz			Guilherme M Cardoso			Pedro Matos			Diogo M Marques			Alexandre V Coutinho			Alexandre V Coutinho			Ricardo Matias Santos			Ricardo Matias Santos	
50 Bruços	CAQC	0:34,85	15	CPSPA	0:32,29	18	SCC	0:32,02	21	CDL	0:30,71	13	CAQC	0:29,72	24	CNAC	0:29,66	14	ALN	0:27,49	25	ALN	0:27,49	25
		Duarte A Sousa			Rafael A Campos			Tomás V Oliveira			Gabriel J Lopes			Aubry Armada Bennett			Tomás M Veloso			Gabriel José Lopes			Gabriel José Lopes	
100 Bruços	CNAC	1:14,06	17	CNAC	1:09,36	01	SCC	1:07,30	20	CDL	1:04,90	13	CDL	1:03,11	14	CNAC	1:02,40	14	ALN	0:59,37	25	ALN	0:59,37	25
		Gonçalo B Moita			António Pereira			Tomás V Oliveira			Gabriel J Lopes			Gabriel J Lopes			Tomás M Veloso			Gabriel José Lopes			Gabriel José Lopes	
200 Bruços	CAQC	2:38,94	15	CAQC	2:32,39	16	CNAC	2:27,67	02	ACM	2:24,15	98	GCF	2:21,28	01	ACM	2:15,81	00	ALN	2:07,87	22	ALN	2:07,87	22
		Duarte A Sousa			Duarte A Sousa			António Pereira			Helder Lopes			João Pedro Neves			Helder Lopes			Gabriel José Lopes			Gabriel José Lopes	
50 Costas	CDL	0:30,56	10	CDL	0:29,69	11	CUC	0:27,08	19	CDL	0:27,54	13	CDL	0:25,37	14	ALN	0:25,99	15	ALN	0:23,69	18	ALN	0:23,69	18
		Gabriel J Lopes			Gabriel J Lopes			Diogo M Ribeiro			Gabriel J Lopes			Gabriel J Lopes			Gabriel J Lopes			Gabriel José Lopes			Gabriel José Lopes	
100 Costas	FBSC	1:04,42	17	CDL	1:01,91	11	CDL	0:57,38	12	CDL	0:57,92	13	CDL	0:54,97	14	ALN	0:54,02	15	ALN	0:50,82	22	ALN	0:50,82	22
		José D Dias			Gabriel J Lopes			Gabriel J Lopes			Gabriel J Lopes			Gabriel J Lopes			Gabriel J Lopes			Gabriel José Lopes			Gabriel José Lopes	
200 Costas	FBSC	2:19,15	17	FBSC	2:14,94	18	CUC	2:10,76	19	CNM	2:09,95	98	CDL	2:02,88	14	ALN	2:03,57	15	ALN	1:52,66	18	ALN	1:52,66	18
		José D Dias			José D Dias			Diogo M Ribeiro			Pedro Matos			Gabriel J Lopes			Gabriel J Lopes			Gabriel José Lopes			Gabriel José Lopes	
50 Mariposa	CNAC	0:28,50	16	CUC	0:27,35	18	CUC	0:26,18	18	CUC	0:25,74	20	CUC	0:24,09	21	CNAC	0:24,83	09	ALN	0:24,10	22	CUC	0:24,09	21
		Manuel B Simões			Diogo M Ribeiro			Manuel B Simões			Diogo M Ribeiro			Diogo M Ribeiro			Miguel S Oliveira			Gabriel José Lopes			Diogo M Ribeiro	
100 Mariposa	CNAC	1:04,47	16	CUC	0:59,19	18	CUC	0:56,61	19	CUC	0:56,18	20	CUC	0:52,54	21	ALN	0:55,51	15	ALN	0:53,39	24	CUC	0:52,54	21
		Manuel B Simões			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Gabriel J Lopes			Gabriel José Lopes			Diogo M Ribeiro	
200 Mariposa	CNAC	2:28,59	09	CUC	2:15,42	18	CUC	2:06,17	19	CUC	2:05,00	19	CUC	2:01,07	21	CNAC	2:05,19	09	AAC	1:58,83	25	AAC	1:58,83	25
		Tomás M Veloso			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Miguel S Oliveira			Miguel Freitas Oviedo			Miguel Freitas Oviedo	
100 Estilos	CDL	1:06,87	10	CDL	1:02,84	11	CUC	1:00,62	19	CUC	0:59,38	20	CDL	0:57,55	13	CNAC	0:58,12	13	ALN	0:53,08	21	ALN	0:53,08	21
		Gabriel J Lopes			Gabriel J Lopes			Diogo M Ribeiro			Diogo M Ribeiro			Gabriel J Lopes			Tomás M Veloso			Gabriel José Lopes			Gabriel José Lopes	
200 Estilos	CNAC	2:23,23	17	CDL	2:16,35	11	CUC	2:09,00	18	CUC	2:06,60	19	CNAC	2:03,28	12	ALN	2:00,59	15	ALN	1:54,55	22	ALN	1:54,55	22
		Diogo M Ribeiro			Gabriel J Lopes			Diogo M Ribeiro			Diogo M Ribeiro			Tomás M Veloso			Gabriel J Lopes			Gabriel José Lopes			Gabriel José Lopes	
400 Estilos	CNAC	5:08,56	17	CUC	4:53,35	18	CUC	4:35,32	19	CUC	4:30,93	19	CNAC	4:23,90	12	CNAC	4:26,81	08	ALN	4:05,87	22	ALN	4:05,87	22
		Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Diogo M Ribeiro			Tomás M Veloso			Miguel S Oliveira			Gabriel José Lopes			Gabriel José Lopes	